



100% VITAMINS

The right vitamins and minerals for a healthy life. Which is why everyone should know about MIM. It doesn't contain too much or too little of these essential nutrients, but just the exact daily amounts you need to help you overcome the impact of highly processed foods and unhealthy eating habits.

#### Good nutrients are hard to find.

These days, most of us get our calories not from food, but from food product—highly-processed and refined meats and snacks that are much more about convenience than good nutrition. These food products are usually higher-sugar and fat but lower vitamins and minerals. This has led to many of us being deprived of the nutrients that make us feel better, that keep our bodies functioning properly and that allow us to perform at our best.

#### The right vitamins and minerals in the right amount.

MIM gives you the exact amounts of the essential vitamins you need everyday. It provides 100% of the recommended daily intake of 13 essential vitamins and up to 95% of 13 essential minerals. Sure, there are plenty of nutritional supplements available, but many of these nutrients may not be absorbable. Even some huge doses of some vitamins and minerals can be toxic.

#### Nothing hard to swallow about it.

Besides providing the right amount of nutrients, MIM uses the revolutionary Suspension-Gel Technology to maximize absorption. So if you'd like to maximize the vitamins and minerals you ingest and absorb, MIM is the supplement for you. Better yet, it provides the essential nutrition in a great-tasting form that's easy-to-swallow, simple to take with you, and contained by nature's own sugar, fructose.\*

**agel**

For more information on Agel™ MIM, including benefits and supplement facts, go to [www.agel.com](http://www.agel.com).

## Supplement Facts

Serving Size: 1 Packet (2g)

	Amount Per Serving	% Daily Value**
Calories	0	
Total Carbohydrates	8 g	16%
Sugar	4 g	7%
Vitamin A (as beta-carotene)	5000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as tocopherol)	20 IU	100%
Thiamin (as thiamine hydrochloride)	1.5 mg	100%
Riboflavin (as riboflavin)	1.1 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	1.5 mg	100%
Folate (as folic acid)	400 µg	100%
Vitamin B12 (as cyanocobalamin)	5 µg	100%
Biotin (as biotin)	3000 µg	100%
Calcium (as calcium carbonate)	100 mg	20%
Calcium (as calcium citrate)	200 mg	40%
Phosphorus (as sodium phosphate)	85 mg	16%
Sodium (as sodium chloride)	115 mg	23%
Magnesium (as magnesium citrate)	80 mg	16%
Zinc (as zinc citrate)	11 mg	22%
Selenium (as selenomethionine)	54 µg	97%
Copper (as copper citrate)	1.5 mg	22%
Manganese (as manganese citrate)	1.5 mg	25%
Chromium (as chromium polynicotinate)	90 µg	20%
Molybdenum (as sodium molybdate)	54 µg	97%
Iodine (as iodine)	50 µg	10%
Strontium (as strontium citrate)	500 µg	10%
Unsalted Coconut	100.0 mg	1
Apple Cider Vinegar	400 mg	1

\*\* Percent Daily Values are based on a diet of other people's secrets.

† Daily Values not established.

**Other Ingredients:** Water, Fructose, Citric Acid, Natural Flavouring, Gum Gum, Gum Gum, Gum, Sodium Benzoate.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Products shown may not be available in every location and where available may be discontinued with no notice.  
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