shed active

Win the battle of the bulge with help from FIT. Losing weight can be a huge struggle. Being overweight increases your chances for health problems and decreases your ability to do things. Overcoming it isn't easy, but using FIT as part of your weight control program can help.

FIT fits perfectly with your weight control program.
To reduce your weight, you have to eat less and move more. But FIT can also help. If you take FIT gels before two meals, you may increase the effectiveness of your weight control program. That's because it contains an active ingredient called hydroxycitric acid (HCA) that comes from the fruit and rind of garcinia cambogia.

Prevent your body from storing unused carbohydrates.
Clinical studies have shown that HCA prevents your body from storing unused carbohydrates and inhibits fat production. In other words, it helps you win the battle between how many calories you consume and how many calories you burn. Whenever you win this battle, you lose weight.

Eat less, move more, and lose weight.
If taken 30-60 minutes before a meal, it can help you eat less. If you eat less and move more, you can win the battle of the bulge. And few things benefit your health more than losing those extra pounds. Studies show that weight loss helps maintain existing healthy blood pressure and improve sleep.*

For more information on Agel™ FIT, including benefits and supplement facts, go to www.agel.com.

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Supplement Facts

Serving Size: 1 Packet (21g)

	Amount Per Serving	% Daily Value**
Calories	25	
Total Carbohydrates	5 g	2%
Fiber	<1 g	3%
Sugars	5 g	†
Calcium	150 mg	15%
Potassium	190 mg	5%
Super Citrimax™ [60% (-)-Hydroxycitric Acid Extract of Garcinia cambogia Fruit]	1300 mg	†
Apple Cider Vinegar	400 mg	†
Hoodia gordonii Extract	100 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Fructose, Natural Flavors, Xanthan Gum, Guar Gum, Sodium Benzoate.

US Warning: Pregnant or lactating women, persons with known medical conditions or taking medications should consult their physician prior to using this product. Not intended for children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Products shown may not be available in every location and where available may be for personal use only.